

सहयात्रा

सहयात्रा: वर्ष २, अंक १

नेपाल न्यूजिल्यान्ड वाइकातो फ्रेंडशिप सोसाइटी

मार्च २०२२

SAHAYATRA: Vol II Issue 1

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प्रगतिको सोपानमा "सहयात्रा" को अर्को कदम

- डा. दिवाकर भुजेल
- संयोजक, 'सहयात्रा' प्रकाशन



प्रथम अङ्क प्रकाशनको सुखानुभूति हृदयमा राखेर दोस्रो अङ्कमा आइपुग्दा सहयात्राले परिकल्पना गरेका आफ्ना लक्ष्यका धर्सामै टेकेर अघि बढेकोमा खुसी लागेको छ। यस बिचमा न्यूजिल्यान्डका विभिन्न क्षेत्र तथा शहरहरूमा छरिएर रहेका नेपाली समाजका प्रतिनिधि साथीहरूसँग छलफल गर्ने अवसर मिल्यो। छलफलमा सहयात्राले पहिल्याउन खोजेको बाटो भनेको यहाँस्थित नेपाली समुदाय तथा संस्थाहरूका विभिन्न गतिविधिहरू एकै ठाउँमा प्रकाशित गरी साझा अभियानको रूपमा अघि बढाउने हो भनेर थप स्पष्ट पार्न सकियो। अन्य साथीहरूले आगामी दिनहरूमा सहभागिता र सञ्चालनको लागि अनुकूल समय मिलाई सहयोग गर्नुहुनेछ भन्नेमा हामी निर्धक्क छौं। सबैले सहयात्राको उद्देश्यप्रति सकारात्मक प्रतिक्रिया मात्र दिनुभएन, यस अङ्कको प्रकाशनको पृष्ठभूमिमा आफ्ना सल्लाह, सुझावकासाथ सहभागिता समेत देखाउनुभयो। केही साथीहरूले व्यस्त समयका बाबजूद पनि आफ्ना लेखहरू समेत उपलब्ध गराई सहयात्रामा सम्मिलित भइसक्नुभएको छ। कोभिड-१९ ले अफ्यारो बनाएको यस परिस्थितिमा स्वभाविकरूपमा नेपाली समाजहरूले आफ्ना कार्यक्रमहरूलाई यथावत गति र सोचमा अघि बढाउन असम्भव रह्यो र रहरहेकै छ। तर पनि झण्डै ३ वर्षको कोभिडको प्रताडनालाई परास्त गरी व्यापक खोप अभियान सफल भइरहेको र न्यूजिल्यान्ड सरकार आफ्नो नीति र कार्ययोजना मुताबिक सबैलाई सुरक्षित राख्दै क्रमशः अघि बढिरहेकोले आगामी दिनहरू अझै सहज हुँदै जाने गाढा आशा सबैमा रहेको छ। आशावान् बनौं कि हामी चाँडै नै आफ्ना स्वभाविक दैनिकीहरूमा फर्किन सक्नेछौं। यस अङ्कमा केही साना भाइबहिनीहरूले समेत आफ्ना लेखहरू पठाउनुभएको छ। यस्तो सुखद थालनी गर्ने

बालप्रतिभाहरूलाई हाम्रो धेरै धेरै धन्यवाद र असीम माया छ। यस्तै अभियानहरूमाफर्त समुदायका गतिविधि र कार्यक्रमहरूमा वहाँहरूलाई सहभागी गराउँदै आफ्ना संस्कृति, भाषा र समुदायप्रति आत्मीयता जगाइराख्नु पनि सहयात्राको उद्देश्य नै हो। उनीहरूलाई कलम चोप्रे प्रेरित गर्ने अभिभावकहरू र समुदायलाई धेरै धेरै धन्यवाद। यस अङ्कमा अपेक्षितरूपमा अक्ल्यान्ड, वेलिङ्टन, साउथल्यान्डका क्षेत्रीय नेपाली समाजहरू तथा गोर्खाली फुटबल क्लबका गतिविधिहरू समेटिएका छन्। अरु पनि थुप्रै साथीहरू यसप्रति सकारात्मक हुँदाहुँदै पनि समयभावको कारणले सहभागी हुनसक्नुभएको छैन। तर, निःसन्देह आगामी दिनहरूमा वहाँहरू पनि सम्मिलित भई सहयात्राको गरिमामा उचाइ थपुहुनेछ भन्ने आशा हामी सबै गर्दछौं। कला, भाषा-साहित्य, परम्परा, संस्कृति, जागरण, अभियान, खेल लगायतका थुप्रै क्षेत्रमा भइरहेका गतिविधिका खबरहरू एकै ठाउँमा पढ्न पाउँदा साँच्चै नै सबैले खुसी र सहयोगको प्रण गर्नुहुनेछ भनेर हामी विश्वस्त छौं। परिकल्पना अनुसार आगामी अङ्क प्रकाशनको जिम्मेवारी लिन उत्सुक भई नेपाली समाज कोही अघि बढनुहुन्छ भने नेपाल न्यूजिल्यान्ड वाइकातो फ्रेंडशिप सोसाइटी हृदयदेखि स्वागत गर्दै सहयोगको प्रण गर्दछ। समान उद्देश्यप्राप्तिका लागि हात मिलाई सद्भाव लिएर अगाडि बढ्नु नै सहयात्रा हो। "सहयात्रा" को प्रकाशन नेपाली सहृदयता र एकताको एउटा बिम्ब बन्न सकोस्। सबै सहयोगी र सहभागीलाई धेरै धेरै धन्यवाद। सूचना, जानकारी, आलेख, आर्थिक सहयोग गर्ने तथा सम्पादन र प्रकाशनको प्रबन्धमा जुटेर योगदान गर्नुहुने सबै स्वजन र संस्थाहरूप्रति हार्दिक कृतज्ञता।

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Everest Travels, Auckland
Gulmohar Indian Restaurant and Bar, Hamilton

The New Year Picnic at Karangahake Gorge

- Aarya Paudel, Year 5
- NNZWFS, -Te Aroha, Waikato



The day was the Nepali New Year. We went on a picnic at Karangi River. There were so many people especially Aarsushree and Oju. Though I had been to Karangi River before, I didn't realise how beautiful it was. It is a freshwater river. When the fries were cooked, I ate some from my brother's plate.

After having a little snack time, I went for swimming with Aarushree, Oju, Arushree's sister and Oju's little brother. We all got our togs on and went in river and our parents of course. There

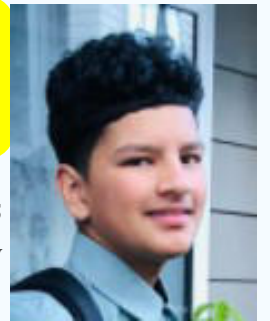
were spiky pebbles all over the riverbank and they hurt my feet a lot. After having a good swim, we got changed.

On the other side, some people from our community were playing a blindfold game. The instruction was simple, you were to be blindfolded and hold a stick and with the stick you had to hit the target. I also participated, and I won one of the rounds. We had lots of fun, ate yummy food and then we went back to our lovely, sweet home.



A Trip to Lavender Backyard Garden

- Eveshree Timalsina (Eve)
- NNZWFS, Hillcrest, Hamilton
- Year 9, Hillcrest High School



Recently, I visited lavender garden located at 398 Marshmeadow Road, Newstead. I went to the garden along with my sister Kristi, cousin Anjila, brother-in-law Basanta and my little nephew Austin.

The lavender garden looked very pretty with light purple flowers all over. Beside the flowers, there was an old tractor in the garden for visitors' attraction and its colour was fading away.

There were many varieties of berry plants laden with berries. Stuffs made from lavender such as perfume, soap, cream and so on were available in

the store for selling. There was also a facility of pick and pay your own lavender.

The best part of the trip was the ice cream. It was full of lavender flavour and was the best ice cream I had ever had. The thing I hated the most about the garden were the bees. Whenever we were about to take some pictures, the bees keep on stinging us.

We all enjoyed the trip very much and I recommend everybody to have a trip to this beautiful garden with family.



न्युजिल्याण्ड नेपाल सोसाइटी द्वारा जनहितमा जारी

कोभिड-१९ (COVID-19) खोप सम्बन्धि अनुरोध!

- खोप लगाउनु नै कोभिड-१९ को महामारीबाट बच्ने सर्वोत्तम उपाय हो ।
- न्युजिल्याण्डमा उपलब्ध खोप अत्यन्त प्रभावकारी र सुरक्षित छ ।
- यो खोप अरु कुनै स्वास्थ्य समस्या भएका व्यक्तिहरू, गर्भवती महिलाहरू र स्तनपान गराउने आमाहरूले पनि लगाउन हुन्छ ।
- यो खोप न्युजिल्याण्डमा रहेका सबै व्यक्तिहरूलाई उपलब्ध छ । आप्रवासको अवस्था (भिसाको प्रकार वा अवस्था) ले पनि केहि फरक पादैन ।

त्यसैले खोप लगाउं, महामारीबाट आफू
पनि बाँचौ र अरूलाई पनि बचाऔं ।

न्युजिल्याण्ड नेपाल सोसाइटी

Christmas Celebration in Nepali Cultural Class

- Ojaswee Bhujel, NNZWFS
Year 6, Hillcrest Normal School



We were getting ready for the Christmas party. Everyone was helping in some way. My dad and I were sticking tinsel-like things on the wall they glinted when moved. My little brother, Kritagya was tidying up inside (including getting carried away and playing) and my mum was cooking delicious food. Once dad and I finished doing our job, dad sent me inside to tidy up while he mowed the backyard lawn. When I finished cleaning, I

went to see how the food was. I saw a lot of food (including chicken nuggets, fruits, and sandwiches). I asked mum to help me attach more tinsel strings and inspect everything. Then my friends and guests started to file in. We all played on our trampoline. We also played hide and seek tag. Sara was it and when she went inside to count, I quickly ran

behind the trampoline. Everyone followed me. Mum called us inside to wash our hands. After everyone washed their hands, they queued up to eat. Everyone took a plate and filled it up. Finally it was my turn to fill my plate. I ate a pizza, chicken nuggets, a few blueberries and some strawberry milk. It was really delicious. When I finally finished eating, I had to wait for my friends to finish eating their food. When they finished, we all played on the trampoline. Mum called us inside to do something. We followed her. She told us to change into these really beautiful Tamang costumes and an apron-like piece. We stepped out and saw that Saanvi and Sara had the exact same costumes. We all twirled together. My mum let us choose whatever ornaments we wanted. Kristi and I wore the same ones. Saanvi and Sara had the same as each other's. We were told to go to the backyard. We were told to form a curved line. Then we were given letters in English and Nepali which spelled 'NEPALI CULTURAL CLASS'. Afterwards the dancers (me, Kristi, Sanvi and Sara) were called on stage to perform our dances. When we finished dancing, Santa Claus, A.K.A Prasanna uncle came on the stage. By the way, some of us including me knew by the black beard and face when his fake white beard slipped down.

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I really enjoyed it because we got these delicious candy made out of toffee. We also got some pictures with him. After all of us took pictures, people started to leave. Now me, Kristi, Aarushee, Aarati, Sharvin, Sara and Saanvi were left. We were getting bored. So, we asked the parents what we would do next. They said, 'You can play musical chairs'. We started to gather some

chairs and put them in a circle. We put on some music and went round and round. Slowly eight participants started to eliminate one after another. In the end, Saanvi won and got three candy canes. The most remarkable thing was that Aarati was the youngest participants and she almost won. She was second in the game. It was



It was really great to end Nepali Cultural Class for this year with the Christmas party.and that was the CHRISTMAS PARTY!.



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New Zealand Nepal Society Inc (NZNS)

Sanjay Marasini
Secretary, New Zealand Nepal Society Inc.
Auckland



New Zealand Nepal Society Inc (NZNS) is an Auckland-based non-profit Nepalese community organization, which was established 27 years ago. As the oldest Nepali organisation in New Zealand, NZNS has been conducting its business to promote Nepali language, culture, and other community activities since its inception. The organization has established its reputation as one of the most influential community organizations in New Zealand due to its community-oriented programs. The activities that NZNS has been doing are listed below.

Nepali festival celebrations – The first thing a Nepali living abroad misses is the rich culture that we have back home. Therefore, NZNS has been leading from the front in uniting Nepali communities in Auckland

and beyond and helping them to celebrate festivals in a Nepali taste. All the major festivals are celebrated in community halls in Auckland, which is attended by an overwhelming number of people every year. NZNS organizes Teej, Dashain and Tihar every year. Some of the events in the past were celebrated by inviting music and film artists from Nepal. Traditional style 'Tihar ghar-dailo deusi program' is also organized by NZNS every year, with the music of madal, deusi-bhailo songs and maruni dances. NZNS also organises Christmas in the Park program, a barbeque event, to mark the arrival of summer and the beginning of the holiday in New Zealand.



Image caption: Nepal Festival is addressed by several high-profile New Zealanders.

Nepal festival - One of the most iconic events that NZNS organises is the Nepal Festival to celebrate Nepali music, food, art and culture on the occasion of the Nepali new year. This festival brings all the Nepali entrepreneurs, artists, and all other Nepalese living in New Zealand. The event is currently held every two years aiming to make it an annual event. The last two events were organised in Aotea Square, in the heart of Auckland City; both the events saw a staggering mass of around 10,000 spectators. Until now, Nepal

New Year is celebrated in community halls, every alternate year to Nepal Festival. Both of these events are attended by high-profile New Zealanders.

New Zealand Nepal Society Inc (NZNS) (contd..)



Image caption. Nepal Festival is an iconic event organised by NZNS and attended by thousands of people in New Zealand. More than 120 performers showcased their talents in Nepal Festival 2021.

Saugat publication – NZNS publishes Saugat every year. This is a magazine that covers the domains of creativity and is published in printed form. Everyone living in New Zealand can publish their articles. Currently, the 16th volume of the magazine is under preparation.

Sports (badminton etc.) – As a community organisation, one of the aims of NZNS is to bind people of different ages and provide them an opportunity to connect with each other. For this, NZNS facilitates several sports including badminton, chess and table tennis for which the annual sports championship is also organised. Also, it collaborates with sports clubs and helps them generate funds to conduct their events.

Nepali language and cultural classes – NZNS organises Nepali classes for kids and anyone willing to learn the Nepali language. Currently, we have been delivering these classes in two locations, every Saturday. Going further, we have recently started guitar classes for anyone interested.

Chahari for elderly and Kopila for kids – NZNS has recently started Chahari program for elderly people and is planning the Kopila program for kids. It is to provide a platform for people to interact with their age groups. Similarly, a youth coordination group also exists that plans their events and activities, and we oversee their activities as a parent organization.

Coordination with NRNA and other organizations – NZNS has been coordinating with NRNA to organize Everest Day, Nepal Festival and other major events held in Auckland.



Image caption. Participants, supporters and organizers of the Futsal competition organized by NZNS in 2021. Several teams from throughout New Zealand participated in this event.

कल्याणकारी कोष

- बाल तिमिल्सिना

अध्यक्ष, नेपाल न्यूजिल्यान्ड वाइकातो फ्रेन्डशिप सोसाइटी



कोभिड-१९ को सुरुवाततिर परेको आपतका बखत नेपाल न्यूजिल्यान्ड वाइकातो फ्रेन्डशिप सोसाइटीले कसरी हामी समाजका सदस्यलाई सहयोग गर्न सक्छौं भन्ने सम्बन्धमा विचार मन्थन गर्दै कल्याणकारी कोषको अवधारणा पहिलो पटक ल्याएको थियो। यो कल्याणकारी कोष वाइकातोमा रहेका नेपाली समुदायका सदस्यहरूलाई मद्दत गर्न उत्प्रेरित छ जुन विभिन्न आर्थिक कठिनाइहरू जस्तै जागिर गुमाउनु, काम गर्ने घण्टा घट्नु, चिकित्सा उपचार लगायतका कारण आर्थिक सहयोग चाहिएमा प्रयोग गर्न सकिन्छ।

सीमित कोष भएको हाम्रो संस्थाले आवश्यकता अनुसारकै पूर्ण सहयोग गर्न त सक्दैन तर समुदायको रूपमा यो पहिले समुदायभित्र थप सद्भाव र प्रेम निर्माण गर्ने उद्देश्यका साथ स्थापित गरिएको हो। हामी यो कोष समुदायका हाम्रा सदस्यहरूको कल्याण कायम राख्नको लागि हाम्रो एकताको प्रतीकात्मक अभिव्यक्ति हो भन्ने विश्वास गर्छौं।

नेपाली समुदायका सदस्यहरूले विशेष आवश्यकता र अत्यावश्यकताका आधारमा ऋण लिन सक्नुहुन्छ। वास्तविक आर्थिक आवश्यकता भएका सदस्यहरूले यो कोषबाट उधारो लिन सक्नुहुन्छ र आम्दानी आंशिक वा पूर्णरूपमा पुनर्स्थापित हुँदा उक्त ऋण फिर्ता गर्नुहुनेछ भन्ने आशा गरिन्छ। यसै अवधारणा अनुरूप हामी आशा गर्छौं कि यो कोष दीगो हुनेछ। यद्यपि, नेपाल न्यूजिल्यान्ड वाइकातो फ्रेन्डशिप सोसाइटीले सदस्यहरूलाई वहाँहरू ऋण फर्काउने स्थितिमा

कहिले पुग्नुहुनेछ भनी आफैले सोचेर समयरेखा निर्धारण गर्नुहुन प्रोत्साहित गर्दछ।

कल्याणकारी कोषका लागि कोष उठाउने तरिकाहरू

- व्यक्तिहरूबाट चन्दा
- विभिन्न अभियानहरूबाट कोष सङ्कलन
- राष्ट्रिय र अन्तर्राष्ट्रिय एजेन्सीहरूबाट सङ्कलन गरिएको कोष
- NNZWFS द्वारा विनियोजित कोष

आउनुहोस् तपाईं हामी सबैले कोषको अवधारणा अनुरूप यसलाई बढाउने र सबैको हितका लागि प्रयोग गर्ने काम गरौं।

कविता

एक्काइसौं शताब्दीका सचेत युवा

- डा वीरेन्द्र केसी

थकाइ
हार
र, लक्ष्यहीन जीवन
हामीलाई किमार्थ स्वीकार्य छैन।

एकै पाइलामा लक्ष्य भेटियोस्
त्यो पनि हामी चाहँदैनौं
लक्ष्यमा पुग्दा
खुट्टा दुखेको अनुभूति हुँदैन भने
त्यो प्राप्तिको के मजा ?

त्यसैले
हामी अष्टेरोमै लक्ष्य चुन्छौं
र, त्यो प्राप्तिको यात्रामा
दिनरात नभनी
अनवरत तल्लीन रहन्छौं।

कठिनाइ चिर्दै
लक्ष्यमा लम्किएका
हाम्रा पाइलाहरू
एक निमेष रोकिने छैनन्
आकांक्षा र महत्वाकांक्षा
स्वाभिमान र अभिमान
यी सबै घोलिएको रगत
हाम्रा धमनीहरूमा
हरपल उर्लिरहन्छ।

हामी मनमा बुद्ध
मुटुमा बलभद्र
र
मस्तिष्कमा सचेतना बोकेर उर्ली हिँड्ने
एक्काइसौं शताब्दीका सचेत युवा हौं।



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Activities (Year 2021/22) of The Nepalese Society of Wellington

- Prakshit Niraula

- President, TNSW



The annual general meeting of the Nepalese Society of Wellington (TNSW) held on 17th April 2021 at Moera Community Hall, Lower Hutt elected a new Executive Committee under the Presidency of Mr. Prakshit Niraula. Several activities were organized by TNSW targeting kids as well as adults. Many of the planned events could not go ahead because of restrictions forced due to COVID. Below

also carried out for kids in the community during the month of May 2021 in coordination with Sherpa FC.

Fundraising for COVID-19 support in Nepal: TNSW actively took part and supported a fundraising effort organized by NRNA-New Zealand



is the list of the activities organized by TNSW with slight details:

Different classes for kids: Bringing together kids in our community has always been the foremost priority of TNSW. Throughout the year, TNSW has tried to organize several activities for kids and the most important of all of these are Nepali language class and Nepali music class which are happening on weekly basis. Nepali language class has been very helpful for kids to learn the Nepali language. A new addition to the regular events for the kids is Nepali music class where kids are given guitar and Madal lessons. Nepali classes are being run online via Zoom despite the COVID disruption. The music class is however disturbed due to the COVID outbreak and will be continued as soon as the COVID situation is eased. Football training was

to support and provide relief back home. A total of 3245.50 NZD was collected in the fundraising campaign organized by TNSW that ran for a period of 7 days. The fundraising campaign was a great way to show unity among different Nepalese organizations in New Zealand through which 12,205 NZD was donated to NRNA Global fund for oxygen plant and 12,205 NZD was donated to National Innovation Foundation led by Dr. Mahabir Pun. TNSW is proud to have supported NRNA actively in such a great initiative.



Everest day 2021: Everest day 2021 was a grand event held at New Zealand Parliament on 9th June 2021. Ministers of New Zealand government Hon. Michael Wood, Hon. Priyanca Radhakrishnan, member of Parliament of different parties, Ms. Durapada Sapkota, Acting Ambassador of Nepal, Mr. Peter Hillary, chairman of Himalayan Trust,

hugely appreciated by distinguished guests including Dr. Gaurav Sharma who was the host MP for the event.

TNSW Parents' Meet: TNSW organized a Parents' meet to discuss and better understand the needs of the kids in our community. The event was



Meng Foon, Race Relations Commissioner, Mr. Lal KC, president of NRNA New Zealand, leaders of several ethnic communities, Nepalese community leaders, Mr. Mark English, the double-amputee Everest summiteer, Ms. Lydia Bradey, first NZ women to reach the summit without artificial oxygen and Mr. Ang Kaji Sherpa, 6 times Everest summiteer were among the key attendees. TNSW made its best effort to bring the taste of the Himalayas and Sherpa culture including Sherpa dress, food, music, and dance was showcased with great importance. The event was attended by over 200 participants with the active involvement of the Sherpa community and was

very fruitful in terms of discussing several possible events that could be organized by TNSW which could bring the kids in our community together and increase their participation. A survey using google form was also carried out to understand the needs of the kids in our community.

Formation of an advisory team: TNSW advisory team was formed that included Mr. Adarsha Tiwari, Dr. Pradip Gyawali, Mr. Ram Tamang, Dr. Ramil Adhikari, and Mr. Tribhuvan Shrestha. The team of advisors has been very helpful and supportive in terms of helping the executive committee (EC) better deliver its outcome through different events.



Activities (Year 2021/22) of The Nepalese Society of Wellington (contd)

Kids' School Holiday Activities: Several Kids Activities were organized during the school holidays to engage the kids constructively. NZ Parliament tour, Nepalese art workshop, coding workshop, DIY/project competition, botanical garden tour, Mount Victoria hiking, etc. were organized. The executive committee always felt a need to focus on kids' targeted events because most of the events organized so far were targeted for adults and a focus on kids' needs usually was not taken into consideration. TNSW, therefore, organized several events targeting

Workshop on yoga and meditation/ regular yoga class: TNSW organized a one-day yoga and meditation workshop for the mental well-being of the community members which was greatly appreciated, and several requests were received for organizing regular yoga classes. The voluntary contribution was sought from the community members to be provided to the facilitator. TNSW then arranged free weekly yoga classes which were organized regularly in the year 2021. It is currently postponed due to multiple COVID cases seen in the community members and



kids with an aim to bring them together and develop bonds among kids of our community. This was greatly helped and TNSW received encouragement and request for organizing more kids related activities from the parents. DIY/Project competition had a theme "Nepal" and winners were awarded gift cards. Voluntary contribution from parents was sought for the Nepalese art workshop and coding workshop while all the other kids' school holiday activities were organized free of cost for parents.

Henna Catch up for Ladies: TNSW organized a catch-up for ladies in our community on the 23rd of July which falls on the Shrawan month of the Nepalese calendar. Henna hand art is a typical Nepalese custom back home during Shrawan. Arrangement for Henna hand art and snacks were made. The event was free for participants.

will resume as soon as the COVID situation eases.

Promotion of the Nepalese businesses: TNSW held a Nepalese-Business promotion week where information of the Nepalese businesses in Wellington was collected and circulated via Facebook group/page and emailed to the community members to support local businesses run by the people in our community

Dashain celebration: TNSW organized Dashain celebration on 16th October 2021 at Mungavin hall, Porirua. Several restrictions and precautions were in place to prevent the possible COVID spread. Efforts were made to make the event memorable and bring the memories of home. Authentic Nepalese food, Tika and Jamara from the most senior member of the community, entertainments like Langur-Burjaa, Nepali Chittha, Nepali music, and dance reminded the participants of the Dashain celebration back home.

Activities (Year 2021/22) of The Nepalese Society of Wellington (contd)

Promotion of vaccination: TNSW continuously worked on the promotion of COVID-19 vaccination by providing different relevant information, preparing informational videos, providing advice, etc. to promote the vaccination among the community members. The promotional video for the COVID-19 vaccination was prepared in the collaboration with NZ Nepal Chamber of Commerce and it included a message from kids, parents, grandparents, health care professionals in our community to promote vaccination among the members of the community.

Mini sports fest 2021: TNSW organized a mini



sports fest in collaboration with Sherpa Football Club, Wellington where different sports activities were organized for adults as well as kids including men's married vs. unmarried football match, kids' football match, women's football match, kids' and women's running race and other exciting games followed by snacks and prize distribution. This was free of cost program.

Deusi-Bhailo program: TNSW organized the Deusi-Bhailo program at 5 different locations in Wellington to cover most areas of the greater Wellington region. It was a great event with the participation of 85 adults and kids, the most in any Deusi-Bhailo organized by TNSW so far. The most important part of the event was the participation of the kids who got to closely observe and participate in one of the most important traditional and cultural aspects of the Tihar Festival.

Nepali Topi Diwas and Banbhoj: Nepali Topi Diwas and Banbhoj were observed on 1st January 2022. TNSW organized this event to promote Topi Diwas which is being organized in recent years by

the Nepalese community across the globe. Tasty Nepalese food, dance, music, and games added more fun to the free event organized by TNSW.

TNSW Website: TNSW's official website was launched on 1st January 2022 in the presence of community members. The activities and information of TNSW can be accessed through the website (www.tnsw.co.nz).

Salad preparation training: TNSW organized a free salad Preparation training as a part of a regular workshop planned for members of the community. The training was provided by an experienced Chef and five different types of salad preparation methods

and tips were provided to the participants.

Workshop on "Treating COVID at home": TNSW organized a free workshop on "Treating COVID-19 at home" which was facilitated by a GP from the Nepalese community. It was organized at a time when several Nepalese community members in Wellington were infected with COVID. The workshop helped to increase awareness among the community members regarding the COVID-19 and provided useful tips to deal with COVID at home.

Cancelled events due to COVID restrictions: TNSW had to, unfortunately, cancel several planned events due to the restrictions created by the COVID outbreak in the community and as a precautionary measure to stop the possible spread in the community. The cancelled events include the TNSW Sports Fest, Teej celebration, dance class for kids, and TNSW cultural night. A lot of effort had been put in for these events, but the health of the community members has always been the top priority for TNSW.

Badminton in Waikato

Prasanna Kayastha
Joint Secretary, NNZWFS



Last year was an overall successful first season of badminton sessions for our NNZWFS badminton club. Due to Covid-19, we were unable to organize the local tournament and participate in other tournaments around New Zealand.

This year, we already have 17 players enrolled and we are anticipating more to join the club. We have few young kids joining the club and it is always good to see our young generation showing enthusiasm and willingness to learn badminton skills. We are planning to

We hope that many of our community members will join the club and make this club bigger and better in the coming days. If you like to join the club, please contact us on nanzwfs@gmail.com.



organize a badminton tournament in Waikato where players from the Waikato region can participate and enjoy the friendly competition. We know that many Nepali communities around New Zealand have started playing friendly and competitive badminton tournaments. Our club is also equally enthusiastic to join them and participate in any collaborative efforts. These events will enhance social interaction, togetherness and connectedness within the players from different communities around New Zealand. We are also planning to run some training sessions where players can learn some techniques and enhance their skills.

नेपाली लेखन

सारभिन भुसाल
नेपाल न्यूजिल्यान्ड वाइकातो
फ्रेंडशिप सोसाइटी
हिल्क्रेष्ट नर्मल स्कुल,
वर्ष ६, ह्यामिल्टन

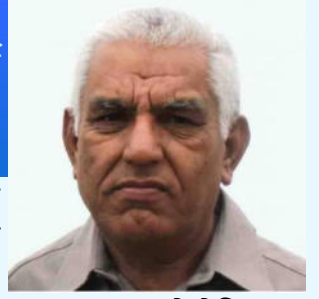


कौमिड-१५ सारभिन भुसाल
कौमिड-१५ स्या असाधरौ
सतरनाक भाईरस ह्री कौमिड-१५
महामारी विश्वमा आस्की तिन
वर्ष भयो। यी भाईरसले
संसारको सबै मानिसहरूलाई
असर पार्नेको छ। यी भाईरसबाट
आजसम्म ४८ करोड मानिसहरू
संक्रमित भइसकेको छन्।
यसको ब्याकसीनले संक्रमण
कम गराउँछ। मैले यी
ब्याकसीन लगास्को छु।
मलाईरुलेपनी ब्याकसीन लगाउनु होला।



अर्थतन्त्रमा देखिएका नकारात्मक परिसूचकहरू

खगेन्द्र आचार्य
विराटनगर १०



वर्तमान परिवेशमा देशको राजनीति मात्र होइन सम्पूर्ण अर्थतन्त्रमा समेत नकारात्मक परिसूचकहरू देखिन थालेको विश्वहरुबाट प्रतिक्रिया आइरहेको छ। अर्थव्यवस्थालाई राजनीतिक अस्थिरताले पुऱ्याउने क्षतिबारे पनि मूल्याङ्कन गर्ने समय भएको होला तर यस लेखमा त्यो पाटी छोडेर देशको अर्थतन्त्रमा देखिएका परिसूचकहरू र यस्तो अवस्थाले पुऱ्याउने क्षतिबारे चर्चा गर्ने प्रयास गरिएको छ। नकारात्मक परिसूचकहरूमा सुधार गर्न तत्काल चाल्नुपर्ने कदमबारे समेत चर्चा गर्ने प्रयास गरिएको छ।

अहिलेको बहुचर्चित र चिन्ताको विषय भनेको देशको अर्थव्यवस्थामा व्यापक परिवर्तन हुन लागेको शोधनान्तर अवस्था हो। सबैले बुझे भाषामा भन्नुपर्दा देशको आयातमा बृद्धि हुँदै जाने र तुलनात्मक रूपमा निर्यात घट्ने वा नबढ्ने अवस्थाले विदेशी मुद्राको सञ्चिति लगातार घट्दै जाने अवस्था हो। अर्थात् आयात उकालो लागिरहने र निर्यातमा सुधार नहुनाले अर्थतन्त्रको शोधनान्तर स्थिति नकारात्मक हुँदै जान्छ। हालको तथ्याङ्क अनुसार नेपालको अर्थतन्त्र २ खर्ब ४१ अर्बले घाटामा रहेको छ। जबकि गत वर्ष यसै बेलाको शोधनान्तर स्थिति १ खर्ब २५ अर्बले बचतमा रहेको देखिएको थियो।

शोधनान्तर स्थिति वा भुक्तान सन्तुलनलाई प्रत्यक्ष असर पार्ने तत्वहरूमा मुख्य अन्य मुलुकबाट आयात र प्राप्त हुने विप्रेषण नै हुन्। विप्रेषण अन्तरगत विदेशमा काम गर्ने नेपालीले आफ्नो घर पठाएको मुख्य रूपमा यो शीर्षकमा पर्दछ। उक्त रकम विदेशी मुद्रामा आउने र कामदारका घरपरिवारले नेपाली रुपैयाँमा भुक्तानी लिने हुँदा विदेशी मुद्राको सञ्चिति राष्ट्र बैंकमा रहने गर्दछ। त्यस्तै, कसैले उपहार दान अनुदान दिएमा पनि सो रकम विदेशी मुद्रामै जम्मा हुन आउँछ।

आफ्नो अर्थतन्त्र कमजोर भएका देशले उपभोगका अधिकांश वस्तु सेवा विदेशबाटै आयात गर्ने हुँदा भुक्तानी सन्तुलनमा यसको नकारात्मक असर पर्न जान्छ। अहिलेको नेपालको अवस्था हेर्दा रु १००को कारोबारमा रु ९० को आयात हुने र रु १० को मात्र निर्यात हुने अवस्था छ। यसले भुक्तानी सन्तुलनमा प्रत्यक्ष नकारात्मक योगदान पुऱ्याएको देखिन्छ।

विगत दुई वर्षदेखि कोरोना महामारीका कारण पर्यटन क्षेत्र सुस्त अवस्थामा रहनाले र सोही कारणले विदेश जाने नेपाली कामदार घटिरहनाले देशको आन्तरिक पर्यटन र विदेशबाट आउने विप्रेषण दुवै समूहबाट हुने विदेशी मुद्राको योगदान ओरालो लागेको देखिन्छ। अर्कोतिर हाम्रा धेरै आवश्यकताहरू स्वदेशी उत्पादनले मात्र पूरा हुन नसक्ने हुँदा विदेशबाट आयात हुने चिजवस्तु र सेवाको पैठारी बढ्दो क्रममा रहेको पाइन्छ। जनसंख्याको सबल पक्ष आयातित सेवा वस्तुमा निर्भर रहनाले पनि आयातको अनुपात उकालो लागिरहेको देखिन्छ। देशको जनसंख्यामध्ये सीमित व्यक्ति मात्र स्रोत साधन सम्पन्न

भएकाले पनि भुक्तानी सन्तुलन नकारात्मक हुँदै गइरहेको पाइन्छ।

अर्कोतर्फ हामीले आयात गर्ने मुख्य वस्तुमा पेट्रोलियम, प्लाष्टिक, सुपारी, केराउ, छोगडा, मोबाइल, ल्यापटप, सजावट सामग्री, फूल, मल, डेरीजन्य वस्तु, मसाला जस्ता वस्तुमध्ये कम्ती मात्र सर्वसाधारणका भागमा पर्ने देखिन्छन्। कम उपयोगिता र विलासिताका वस्तु मात्रै घटाउन सकेमा पनि नेपाली अर्थतन्त्रलाई निकै राहत पुग्ने देखिन्छ।

हालको अवस्थामा राष्ट्र बैंकको तथ्याङ्क अनुसार मूल्यवृद्धि ५.६५ प्रतिशत रहेको देखिन्छ भने विप्रेषण पनि ५.५ प्रतिशतले घटदो क्रममा छ। बैंकको निक्षेप ३.८ प्रतिशतले बढेको देखिन्छ भने कर्जा लगानी १२ प्रतिशतले बृद्धि भएको बताइएको छ। उक्त तथ्याङ्कले पनि अर्थतन्त्रमा नकारात्मक भार पर्न गएको देखिन्छ। विगत एक महिनामा मात्र ४६ अर्ब रुपैयाँ बराबरको विदेशी मुद्रा बाहिरिएको तथ्याङ्क रहेको छ। यसले पनि राज्यको भुक्तानी सन्तुलन नकारात्मक तर्फ उन्मुख देखिन्छ।

राष्ट्रको बिग्रँदो अर्थतन्त्रमा सुधार ल्याउनका लागि विश्वहरुबाट केही सुझावहरू समेत आउने गरेका पाइन्छन्। सरकार र सरोकारवाला निकायले त्यस्ता सुझावहरू सतर्कतापूर्वक पालना गर्न र उपयोगमा ल्याउनतर्फ लायुपर्ने देखिन्छ। पहिलो सुझावमा बैंक ब्याजदरमा स्वतन्त्रता दिने विषय उठेको पाइन्छ। यसबाट बैंक ब्याजदरमा प्रतिस्पर्धात्मक अवस्था सृजना हुन गई ब्याजदर बढ्न जाने र कर्जाको माग घट्ने स्थिति आउने बताइएको छ। साथै कर्जामा ब्याजदर बढनाले कर्जा लगानी कम हुने, उत्पादन घट्ने, रोजगारी समेत घट्ने अवस्था आउन सक्ने देखिन्छ। यसका लागि राष्ट्र बैंकले तोकिएका आर्थिक अनुशासन पालना गराउने कडा व्यवस्था समेत राख्नु पर्ने हुन्छ।

अर्को सुझावमा सरकारले विदेशी अनुदान र सहूलियतपूर्ण ऋण भित्र्याउने प्रयत्न जारी राख्नुपर्ने बताइएको छ। यसबाट विदेशी मुद्रा भित्रिने र भुक्तानी सन्तुलनमा सुधार आउने बताइएको छ। यो उपाय कार्यान्वयन हुन सकेमा आर्थिक कुटनीति मजबुत हुन गई दीर्घकालसम्म देशको अर्थतन्त्रमा सकारात्मक प्रभाव समेत भित्रिने देखिन्छ।

वस्तु र सेवाको आयातमा कमी ल्याउने प्रयास गर्नु आवश्यक बताइएको छ। अति आवश्यक बाहेकका वस्तु र सेवाको आयातमा कमी ल्याउने उद्देश्यले विभिन्न आर्थिक र मौद्रिक नीति अपनाउन समेत सुझाव दिइएका छन्। विदेशबाट आयात गरिने वस्तु र सेवा खरिदका लागि खोलिने एल.सीमा कडाइ गर्ने वा शतप्रतिशत जम्माको व्यवस्था गर्दा समेत आयात निरुत्साहित हुन जाने देखिन्छ। नेपाल राष्ट्र बैंकले यो व्यवस्थाको सुरुवात गरिसकेको भन्ने समाचार सकारात्मक देखिन्छ।

.....अर्थतन्त्रमा देखिएका नकारात्मक परिसूचकहरू

अन्तर्राष्ट्रिय बजारको कारणबाट पेट्रोलियम पदार्थको अत्याधिक मूल्य वृद्धिले देशको अर्थतन्त्रमा दूरगामी असर पर्न गएको विश्लेषण विज्ञहरूको रहेको छ । स्थानीय तहको निर्वाचनको मिति समेत घोषणा भइसकेको अवस्थामा पेट्रोलियम पदार्थको खपत अझै बढेर जाने निश्चित छ । आम जनतालाई राहत दिनका लागि एकातिर विद्युतको खपत बढाउने नीति अपनाउनुपर्ने देखिन्छ भने अर्कोतिर पेट्रोलियमको मूल्यमा झण्डै चालिस प्रतिशत सरकारले लिने करबाट आम उपभोक्तालाई राहत दिनु उपयुक्त देखिन्छ । भविष्यमा मूल्य घटेको अवस्थामा पुनः समायोजन हुने गरी हाल उक्त करमा कटौती गरी आम उपभोक्तालाई राहत दिनु आवश्यक देखिएको छ ।

ठूलो नेपाली युवा जमात विदेशमा रहेर आफ्नो देशमा विप्रेषण पठाई रहेको यस अवस्थालाई मध्यनजर गर्दै त्यस्ता व्यक्तिहरूलाई विदेशी मुद्रामै नेपालका बैंकमा खाता खोल्न दिएमा विदेशी मुद्रा उल्लेख्य मात्रामा भित्रिने सम्भावनालाई समेत उपयोग गर्न सकिने विज्ञहरूको सुझावलाई पनि गम्भीर रूपमा लिन सकिन्छ । यसका लागि स्पष्ट नीति, नियम र निर्देशन हुनुपर्ने कुरामा पनि ध्यान पुऱ्याउनु आवश्यक देखिन्छ ।

अर्को गम्भीर सुझावमा देशभित्र सीमित व्यक्ति मात्र स्रोतसाधन सम्पन्न हुँदा उनीहरूको जीवनयापन र

सर्वसाधारण नेपालीको जीवनयापनमा ठूलो अन्तर देखिन आएको छ । साधन स्रोतको उचित र न्यायपूर्ण वितरणको अभावमा यो अवस्थामा सुधार आउन सक्ने देखिँदैन । बजेटले विनियोजन गरेको पूँजीगत खर्च समेत ६ महिनाको अवधिमा १० प्रतिशतको हाराहारी मात्र हुनुले पनि यसै कुरालाई पुष्टि गरेको छ । त्यसैले आम जनतासम्म राज्यको साधनस्रोत पुऱ्याउने र समानुपातिक वितरण प्रणाली अबलम्बन गर्नु राज्यको प्रमुख जिम्मेवारी देखिएको छ ।

आयात अत्याधिक बढ्दै जाने र निर्यात नबढ्ने स्थिति रहेसम्म अर्थतन्त्रमा सुधार आउन सक्ने अवस्था देखिँदैन । भएका उद्योगहरूमा पनि आधारभूत उद्योगको संख्या र आयात कमजोर भएका कारण एकातिर उत्पादन बढिरहेको छैन भने अर्कोतिर रोजगारी पनि बढ्ने सम्भावना देखिँदैन । राज्यले धात्रै नसक्ने गरी आयात बढाउनु भन्दा सारा नेपालीले आफ्नो उपभोगमा कटौती गर्नुपर्ने अवस्था आएको हो कि ? अर्थतन्त्रको यो अवस्था आउनमा निश्चय पनि दुई वर्षदेखिको कोरोना महामारीको ठूलो असर देखिन्छ । यस महामारीको प्रभाव घटेसँगै राज्यको अर्थतन्त्र चलायमान हुँदै जाँदा क्रमिक सुधार आउने सम्भावनालाई समेत मध्यनजर राख्दै तत्कालै अर्थतन्त्रलाई बचाउनका लागि सरकार र सरोकारवाला निकायले गम्भीर कदम चाल्नु आवश्यक देखिएको छ ।

तिहार बाल गीत

- डा. दिवाकर भुजेल, वाइकातो

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मध्यम वर्गीय परिवारमा हुर्किएको दिनेश केही रहर र केही बाध्यताले विदेशिएको ५ वर्षजति भइसकेको रहेछ। ५ वर्षको बसाइँसङ्गै आफ्नै देशको बारेमा उसका धारणा र बोलीहरू अचेल फेरिरहेछन्।

पहिलो वर्ष हुँदा उसले आफ्ना साथीहरूलाई परदेशिनुको बाध्यता सुनाउने गर्दथ्यो भने दोस्रो वर्ष नेपालका साथीहरूसँग कुरा गर्दा पढाइ सकेर अनि केही लगानी गर्ने पुँजी जम्मा गरेर नेपाल फर्कने मनसाय सुनाउँथ्यो। तेस्रो वर्ष उसले पि.आर पायो, छोरो पनि जन्मायो। छोराको भविष्य यतै रहेको र छोराको स्कुल सकिएपछि आफू भने सधैंका लागि नेपाल फर्किएर उतै बस्ने कुरा सुनाउन भ्याउँथ्यो।

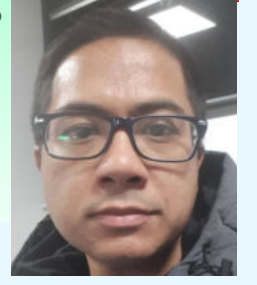
चौथो वर्ष त उसले बैकबाट ऋण लिएर विदेशमै घर बनाइसकेको थियो। १५-२० वर्षमा छोरो पनि स्वावलम्बी हुने र घरको ऋणकिस्ता सकिने कुरा घरपरिवारलाई सुनाउन उसलाई कुनै सङ्कोच थिएन। बरू, छोरो जन्मिँदा हेरचाह गरिदिन बोलावट भएको बाउआमालाई अब नातिको न्यास्रो मेट्न र भेटघाट गर्न नियमित यतै विदेश आउन वा विदेश नै बस्ने गरी आऊ भन्दा उसलाई गर्वानुभूति हुनेगर्दथ्यो।

पाँचौँ वर्ष टेक्दा त उसले नेपालका राजनीतिक पार्टीका नेता, कलाकार, कूटनीतिज्ञहरूलाई बोलाएर खर्च गर्ने, फोटो खिचाउने र तमास देखाउन सक्षम भइसकेको थियो। नेपालमा लगानीको वातावरण नै नभएको, उसको डिग्री र सीप नेपालमा काम नलाग्ने र नेपाल कहिल्यै उँभो नलाग्नेसम्म गफ दिन पाउँदा आनन्दित हुने गर्दथ्यो।

एकदिन एक नेपाली कार्यक्रममा जाने क्रममा दिनेश र उसको साथी गाडी पार्किङ गरेर गफिदै सभाहलतिर जाँदै थिए। अकस्मात् एक स्थानीय विदेशी आएर नमस्ते गर्दा उनीहरू झस्किए। उसले बिग्रेको भए पनि नेपालीमा बोल्न खोज्दै थियो – नेपाल सुन्दर भएको र नेपाली मेहनती हुने पनि बताउन खोज्दै थियो। कार्यक्रममा पुग्न ढिलो भइसकेकाले अर्का साथीले भने झोलाबाट एउटा जगेडा नेपाली टोपी विदेशी बटुवाको हातमा थमाउँदै धन्यवाद भनेर छुट्टिने सङ्केत गर्‍यो। दिनेश एकातिर के साँच्चै नेपालीहरू मेहनती छन् र, के नेपाल साँच्चै सुन्दर छ र भनी सोचमग्न भयो भने, अर्कातिर भने कार्यक्रमका लागि मात्रै लगाएको टोपीले आफ्नो देश र स्वयंको परिचय दिएको अनुभूति हुँदा शीरको टोपीप्रति नतमस्तक हुँदै प्रेक्षालयतिर लम्कियो।

Where have you been? (Poem)

Dr. Salil Pradhan
Paediatrics Doctor
West Yorkshire, UK



I was born in this village
The mountains by my side and
the stream flowing through,
I wake up to the sight,
Of the magical peaks as I sip my morning brew



I see a traveller coming from far
A big pack he carries, leaving behind his car
He sees the nature and looks into my eyes
Oh dog, lucky you, I am jealous of you guys

Why wouldn't he be, for in heaven do I live,
I am a mere dog, but fresh air do I breathe
Wake up to the serene peaks and breathtaking tales
No worries for food, plenty of kindness
in these trails

You say, you have been to the yonder city
across the seas
I have not been any where, for this is my crease
I play my games and enjoy all the same
Fresh millet, left over food and nothing to blame

Stress, I do not know, what all that means
I see the frowning faces of the travelers I greet
The so called wonderful cities they stay
And this village of mine, much more does it weigh

Happy I am on my skin with limited means
So little to think about, and a life full of dreams
Oh dear journey man, take a breath and see
Peace does not lie far, I live in glee

Where have you been, far and wide?
I was born here in this hamlet, forever bright
In the mere form of a dog, I have been born
Happy I am and wag my long tail along

Southland Nepalese Society

- Durga Biswakarma
Secretary



Southland Nepalese Society was incorporated in 2019 to strengthen, assist, support and foster close cooperation among Nepalese living in Southland, New Zealand. It organises various programs to help preserve, promote, and bring awareness of Nepali culture and heritage in New Zealand.

There has been the presence of Nepalese in Southland for more than three decades. It was relatively easier in the past to contact, meet, greet and celebrate festivals with fewer Nepalese in the area. However, since 2010 the flow of Nepalese in Southland for education, business & job has increased drastically. On 1st November 2019, some key personnel like Bal Goley, Indra Sunar, Bijoy Regmi, Sameer Shrestha, Ningbar Ghising, Shree

very high participation rate and involvement in Nepali events and celebrations.

Since its incorporation, society has consistently organised and celebrated Nepali festivals like Dashain, Teej and New Year. The annual picnic, however, got cancelled this year due to COVID.

In the same way, to promote Nepali culture and traditions, Southland society organised food



Thapa, Chandra Tamang, Arjun Lamsal, Sanjib Upaddhya and a few more living in Southland gathered in Dolamore Park, Gore and decided to establish a formal society and nominated Mr Indra Sunar as the chartered president, Mr Bijoy Regmi as Secretary and Mrs Sahara Shrestha as the Treasurer.

The first executive committee completed its tenure on 19th June 2021 and, the second executive committee was formed under the leadership of Mr Roshan Karki.

At present, there are around 200 Nepalese living in the Southland region (Invercargill, Gore, Otautau, Winton, Gore, Mataura, Edendale, etc.). Among them, more than 150 individuals are official members of the society, which reflects a



festivals, Nepali cultural nights, Holi and similar events in association with Southland Multicultural Trust. Additionally, with the initiation of Sameer Shrestha, society managed to feature two Nepali movies, "Kabbadi" and "Jatrai Jatraa" in the past. Continuing the same trend, society has decided to participate in a food festival in March 2022 and serve delicious and authentic Nepali food and showcase culture and traditions through dance and play.

Beside providing different types of support to students, individuals and families residing in the Southland region, the community members are very generous to support Nepal and Nepali people time and again. As such, Southland society recently collaborated with NRNA to support Mahabir Pun's initiation (Nepal National Innovation Centre) to develop the oxygen plant in Nepal during the peak of COVID 19.

Southland Society is continually seeking ways to provide different types of support to individuals, students and families living in the southland region of New Zealand. The society was able to get financial assistance from the government and provided food and groceries for the most affected Nepalese in Southland and Queenstown.

Similarly, during this year's flood in Nepal, the society and its members supported the victims of floods and landslides through Krishna Kandel's "Indreni charity" in Nepal. Time and again, members of the society joined hands to provide financial support to Nepal and Nepalese during floods, medical emergencies, construction of



schools, temples and more.

Due to Covid 19 level 4 lockdown, Southland society could not organise Dashain festival last year; however, to preserve our culture and traditions, society had organised "Deusi Bhailo" program and is planning to continue it in a more thoughtful ways with a broader scope in upcoming years. Through this event, the society is aiming to collect some funds which could be used for various welfare activities in the future.

In order to enhance social connectedness among youths and players interested in football, the society organised Southland Cup Football

Tournament for both men and women in December. Society is grateful to Manish Gurung, Sameer Shrestha, Dipendra Chhetri, Bikash Majhi and other players, audience and supporting hands, including our sponsors, for successfully organising this event. The event would not have been successful without their active participation and involvement. After seeing such significant participation from everyone, the president of our society, Roshan Karki, is keen to make it an annual event.

Society is pleased to say that it has managed to get some financial assistance from the Ethnic Communities Development Fund. This fund will be used to create awareness, promote and develop our society's initiatives more effectively.

Along with the previous programs, society is also planning to expand its horizon by developing the yearly calendar and conducting several events. We understand that it is not an easy task to have such a grand vision. Still, Southland Nepalese society believes that the events and celebrations will bring us together and help make our community more stronger with everyone's support and involvement.



Gorkhali FC (GFC) Waikato in 2021

Dr Chandra Sharma Poudyal
President



To achieve our overall strategic goal of achieving sustainability, developing professionalism among Gorkhali boys, and increasing social connectivity, we worked through different plans and programs in the year 2021. Our plan in 2021 was to participate in both regional and national (Nepalese-related) tournaments to develop professionalism among our boys. There were lots of obstacles in achieving our strategic plan for the year 2021 due to the Covid 19 global pandemic. While we were unable to achieve some of our strategic goals in 2021 due to the pandemic, we successfully managed to achieve most of

them. What follows is a brief overview of our activities aligned to our strategic plan in the year 2021 and our forthcoming plan for this year.

GFC in Waikato Sunday Soccer League 2021

We participated in the Waikato Sunday Soccer League for the first time in 2021 in division 1. **Waikato Sunday Soccer League (WSSL)** is Waikato-based regional tournament participated by different teams from across Waikato regions. Intending to promote friendly and reasonably competitive games, Waikato Sunday Soccer League runs annual league football games in division 1, division 2, division 3, and division 4. Together with the league games in these three divisions, it also organises **Scottish Cup** which is a competitive game played by every team from all four divisions.

Although we participated for the first time in WSSL, our performance in the league was much better than we expected. When we decided to take part in the league, we

our management team and players were confident we can compete in division 1 and accordingly, management decided to enter the first division.

We started well in division one winning the first game against the previous year's Scottish Cup winner **UNANZ** with a 3-1 win. This first game provided us good motivation and we continued our winning streak till the middle of the season from where we started to lose some of the games. The first one was against **Carron Academy**, the division 1 titleholder and the most interesting one was the loss against **Waikato Dragon**, a team at the bottom of the table. We bounced back towards the end of the season and even defeated **Carron Academy** by 3-1 in the second game but due to the goal difference, we were finally runners-up in division 1 as indicated by the final points in the table.



League Table

Division 1								
Team	P	W	D	L	F	A	GD	Pts
Garron Academy	12	9	1	2	46	23	23	28
Gorkhali FC	12	7	2	3	31	26	5	23
Raglan Roosters	11	5	3	3	25	20	5	18
Marist FC	12	4	2	6	45	48	-3	14
UNANZ FC	11	3	4	4	26	28	-2	13
Dust FC	12	3	3	6	37	47	-10	12
Waikato Dragons	12	1	3	8	23	41	-18	6



were not sure which division to enter. We had a discussion among management and our players about this. Both

Our Gorkhali boys were excited about the tournament and our performance in the Scottish Cup was equally well. In the Scottish Cup, we played in Group D together with 6 other teams including **Papanasti FC, Dust FC, POTFC Seniors, Voyle Park FC and Tetra Park Vikings**. We started well winning our first game against **POTFC Seniors** by 2-0. Towards the middle of the season, we were the leader of our group D as indicated by the table below.

We played quarterfinal against **Menaics FC** which we won by 3-1 and reached the semi-final of the **Scottish Cup**. Although we thought the semi-final of the Scottish Cup

Group D

Scottish Cup – Group D Table				
Pos	Team	P	GD	Pts
1	Gorkhali FC	2	2	4
2	Papanasti	1	2	3
3	POTFC Seniors	2	-1	3
4	Voyle Park FC	2	0	2
5	Dust FC	1	0	1
6	Tetra Pak Vikings	2	-3	0

would be a tough and competitive one, it did not turn up as expected and we easily won the semi-final against **Marist FC** by 9-2. We were all excited to reach the final of the Scottish Cup in our first participation and everyone's expectation started to rise. We now started thinking that we could win the Scottish Cup in the first go. We played well with a much strong and physically built team, **Barnstoneworth FC**. The game was quite comparable to Australia playing against Nepal. We drew in the full-time 2-2 that led us to play extra time for the decision. The extra time score was 4-4 which meant the winner was decided by a penalty shoot-out. Unfortunately, we lost in the penalty shoot-out which was



heart-breaking for our boys and the team. We had to satisfy ourselves as a runner-up in the **Scottish Cup 2021**.

GFC in National Tournaments

Like the previous year, we had planned to take part and perform well in the national tournaments organised by different Nepalese organisations and ethnic groups. We entered to take part in Ethnic Cup 2021, participated by footballers from different ethnicities in New Zealand; Everest Cup 2022, and Tenzing Hillary Cup 2021 participated by Nepali footballers from across New Zealand. Unfortunately, all these tournaments were cancelled due to the Covid 19 pandemic situation in New Zealand. The only national tournament we managed to participate in



2021 was the Nepali Futsal Tournament in Auckland where different Nepalese teams from across New Zealand competed. As the number of interested players from our club was large, we entered two teams: Gorkhali FC A and Gorkhali FC B in the tournament. Both teams did well in the tournament where Gorkhali FC A lost to Auckland-



based, Gurkha FC in the semi-final, and then won against Tauranga-based NABOP to secure third place while Gorkhali FC B lost in the final with Gorkha FC and was the runner-up.

ज्ञानसूत्र

नेपाल न्यूजिल्यान्ड वाइकातो फ्रेंडशिप सोसाइटी

साझा आवश्यकताहरूको पहिचान गर्दै त्यसको पूर्ति गर्ने क्रममा हाम्रो संस्था नेपाल न्यूजिल्यान्ड वाइकातो फ्रेंडशिप सोसाइटीले साहित्यलाई समेत समेट्नुपर्ने महशुस गर्‍यो । समयको गतिसङ्गै सभ्यताले चालेका कदमहरू आखिर चित्रित हुने एक क्षेत्र साहित्य पनि हो। भनिन्छ नै- "साहित्य समाजको दर्पण हो"। नेपाली साहित्यका नयाँ पुराना कृतिहरूबाट प्रवासी नेपालीहरू नजिक हुन पाएका हुँदैनन्। त्यसैले नेपाली साहित्यिक पुस्तकहरूको माध्यमबाट पनि समुदायलाई नजिक ल्याउन सकिन्छ भनेर हाम्रो समाज आश्वस्त भएको छ। त्यसैले पुस्तकहरू पढ्ने र विभिन्न माध्यम र तरिकाहरूबाट त्यसका बारेमा अन्तर्क्रिया गर्नुपर्छ भन्ने सोच समाजले लिएको छ। साहित्यिक पुस्तकहरूबाट प्राप्त हुने ज्ञानको सेरोफेरोमा छलफल, अन्तर्क्रिया र ज्ञानको आदानप्रदान गर्ने उद्देश्य राखी अब यो अभियान 'ज्ञानसूत्र' शुरू गरेका छौं। यस अभियानले साहित्यिक रुचि भएकाहरूलाई नजिक ल्याउने, पुस्तकहरू पढ्ने बानी ब्युँताउने र अझै साहित्यिक सिर्जनातर्फ समेत प्रेरित गर्नसक्छ । पुस्तकालय जसरी नै संस्थाका सदस्यहरूले पुस्तक लैजान

सक्नुहुन्छ। आफूहरूसँग भएका पुस्तकहरू समाजलाई प्रदान गरी सहयोग गर्न पनि सक्नुहुन्छ । समय, साधन र सहयोग मिलेमा स्थानीय एफ.एम रेडियो, जुम मीटिङ वा भौतिक उपस्थितिमा समेत कार्यक्रम अघि बढाउन सक्छौं। सबै सदस्यहरूलाई यस अभियानबाट लाभ लिनुहुन र भ्याएसम्म साथ, सहयोग र सुझाव दिनुहुन हामी हार्दिक आग्रह गर्न चाहन्छौं।



GFC looking ahead to 2022

We are planning to continue what we have done in the year 2021 in the year 2022. We have started this year with our regular training to keep our boys fit and competitive and have managed to organise two friendly games against the Tauranga-based Nepali team, Nepalese Warriors FC. We managed to win both the home and away game with Nepalese Warriors FC. We won the away game against them by 3-0 in Tauranga while the home game was an interesting and high scoring game with both teams scoring 6-6 in the full time and we decided to play extra time where we won by 9-6.

In addition to regular training and friendly games, we have again entered the Waikato Sunday Soccer League this year.



To develop future players from among our Nepali kids and maintain sustainability, we have also started training sessions for kids under 10 this year.